

Mary L. Carroll, M.Ed., LMHC, a licensed mental health counselor and owner of Springside Counseling Center since 1983. In addition to her private practice she has twenty two years of teaching experience at Seminole Community College in the fields of communication and psychology. She has also been a crisis counselor for the Welfare to Work Program at the college before offering her services to OFFM. Currently, Ms. Carroll is actively involved in leading youth groups, counseling individuals, training, fundraising, and staff development at OFFM. Occasionally, Ms. Carroll can also be found working with media, doing brochures, videos and website development.

Ms. Carroll has extensive experience and training in dealing with high risk populations, adult children of alcoholics, recovering addicts, post traumatic stress disorders, sexual, emotional and physical abuse, anger management and anxiety disorders. Ms. Carroll's also a National Board Hypnotherapist. She has published several articles and presented teaching modules for High Risk youths at National and State Conferences for At-Risk Youths.

I met the Sisters, women of profound faith and conviction, several years ago. My life has never been the same nor better. We were at a conference together when the phrase was used "Someone called your name and you knew to be there." Someone (The Sisters' Four) called my name and I have not stopped saying "yes" since that day. I knew to be there so my life of semi-retirement ceased and my volunteer work became my ministry. Palmer Parker talks about where true vocation joins self and service. I understand that now and am grateful, so my contributions to OFFM come with the same deep gladness Parker speaks of in his book Let Your Heart Speak.